

## Department of Applied Psychology

### Faculty CV

Name	Qubsha Munir
Designation	Lecturer
Education	<b>PhD IN APPLIED PSYCHOLOGY (enrolled)</b> National University of Modern Languages, Islamabad Campus (enrolled in Sep 2025) <b>MASTERS IN CLINICAL PSYCHOLOGY</b> Bahria University, Islamabad Campus (2020-2022) <b>BACHELORS IN PROFESSIONAL PSYCHOLOGY</b> Bahria University, Islamabad Campus (2016-2020) <b>HSSC HUMANITIES</b> Islamabad Model College for Girls G-10/2 (2014-2016) <b>SSC SCIENCE GROUP</b> Islamabad Model College for Girls G-10/2 (2012-2014)
Professional Experience	<b>NATIONAL UNIVERSITY OF MODERN LANGUAGES (NUML), ISLAMABAD.</b> Lecturer, Contractual Faculty (Sep 2024-Present) <b>NATIONAL UNIVERSITY OF MODERN LANGUAGES (NUML), ISLAMABAD.</b> Lecturer, Visiting Faculty (Feb 2023- August 2024) <b>BAHRIA UNIVERSITY H-11 CAMPUS, ISLAMABAD.</b> Lecturer, Visiting Faculty (March 2023- July 2023) <b>PMAS ARID AGRICULTURE UNIVERSITY, RAWALPINDI.</b> Lecturer, Visiting Faculty (Sep 2022-Jan 2023) <b>SAFE CARE TRUST INTERNATIONAL ISLAMABAD.</b> Trainee Psychologist (April 2022- Aug 2022, 4months) <b>INSTITUTE OF PSYCHIATRY, BENAZIR BHUTTO HOSPITAL, RAWALPINDI.</b> Trainee Psychologist (Sep 2021- Feb 2022, 6 months) <b>INSTITUTE OF PSYCHIATRY, BENAZIR BHUTTO HOSPITAL, RAWALPINDI.</b> Observer (Sep 2019- Dec 2019, 4 months) <b>CDA HOSPITAL, ISLAMABAD.</b> Internee (June 2019- Sep 2019, 4 months)
Research Interests	<ul style="list-style-type: none"><li>● Social Psychology</li><li>● Health Psychology</li></ul>
Publications/Conferences	<ul style="list-style-type: none"><li>● Citation of Article/Work with DOI/Link</li></ul>

	<p>Habib, S., Munir, A., Munir, Q., &amp; Nisa, U. (2026). Narcissism, forgiveness, and relationship satisfaction in romantic relationships among emerging adults. <i>Social Science Review Archives</i>, 4(1), 2709–2720. <a href="https://doi.org/10.70670/sra.v4i1.1832">https://doi.org/10.70670/sra.v4i1.1832</a></p> <p>Munir, Q., Khan, B., &amp; Nisa, U. (2025). Social media addiction and body image distress among Pakistani university students: A cross-sectional survey. <i>Journal of Media Horizons</i>, 6(3). <a href="https://doi.org/10.5281/zenodo.16931688">https://doi.org/10.5281/zenodo.16931688</a></p> <p>Ahmed, E., Munir, Q., &amp; Ahmed, A. (2025). Assessment of psychological well-being among social media users following exposure to climate disaster content: A case of Pakistani university students. <i>Review Journal of Social Psychology &amp; Social Works</i>, 3(3).</p> <ul style="list-style-type: none"> <li>● Oral/Paper Presentation</li> </ul> <p>Need to belong, Para-social relationship among university student, A correlational study (International E-conference in BZU, Multan)</p>
Honors/Grants (if any)	NIL
Workshops/Trainings (if any)	Faculty Development Training Level-1 (NUML)